

# Seneca Valley Junior Football Association

## 11<sup>th</sup> Annual Cheer Fest

Sunday, October 4, 2009

Registration begins at 11:00.

Mat time begins at 11:05.

Competition begins at 1:00.

Seneca Valley Senior High School

122 Seneca School Road

Harmony, PA 16037

**Contact: Laura Wise, Cheer Coordinator**

[All5wise@aol.com](mailto:All5wise@aol.com), 724-816-2273

227 Jaclyn Drive, Cranberry Twp, PA 16066

# **Seneca Valley Junior Football Association of Cranberry**

## **2009 Cheer Fest Information Sheet**

Sunday, October 4

Registration 11:00, Mat time begins 11:15, Competition begins 1:00

Seneca Valley High School

122 Seneca Valley Road

Harmony, PA 16037

### **DIVISIONS:**

Cheer fest will feature three competitive divisions:

\*Termites

\*Mighty Mites

\*Midgets

### **AWARDS:**

Trophies will be awarded to all team and participants for first and second places. Third place will receive a team trophy. A spirit award will also be presented. SVJFAC will have a limited number of exhibition performances; however they will not compete.

### **ADMISSION:**

Participating Cheerleaders, one Head Coach (per squad) and one Assistant (per squad) will be granted admission.

### **JUMP OFF**

There will be a jump competition for each division. There will be a signup available at registration. Tickets will be provided to participants. Participants will be asked to return the ticket at time of jump. First place trophy will be awarded.

### **GENERAL**

The doors will open at 11. Cafeteria will open at Noon.

Tickets can be purchased for the drawing of themed baskets.

T-Shirts and specialty items will be available for purchase.

# Seneca Valley Junior Football Association of Cranberry

## 2009 Cheer Fest Registration Sheet

Please complete and mail to:  
Laura Wise, Cheer Coordinator  
227 Jaclyn Drive  
Cranberry Twp, PA 16066

Name of Organization: \_\_\_\_\_

Contact: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Team Colors: \_\_\_\_\_

Number of Squads attending: \_\_\_\_\_

Number of Cheerleaders per squad/Name of Squad

Termites (grades 2-4) \_\_\_\_\_ / \_\_\_\_\_

Mighty Mites (grades 5-6) \_\_\_\_\_ / \_\_\_\_\_

Midgets (grades 7-8) \_\_\_\_\_ / \_\_\_\_\_

Along with this form, **please list each participant by squad including grade**, Permission Form/Medical Release and proof of insurance.









## **Seneca Valley Junior Football Association of Cranberry**

### **2009 Cheer Fest Competition Guidelines**

- Competition will be held at Seneca Valley High School. Registration begins at 11:00. Competition will begin at 1:00.
- The PIAA Rules will be used as a guideline for competition, including safety, stunts, mounts, etc. Under PIAA by-laws, article XVII: official rules shall be published by the NFHS. A copy of the current NFHS Spirit Rules book will be available during the competition.
- No Cheerleader shall stand on another person unless that other person has at least one (1) foot on the ground,
- No flips are permitted from another person unless that other person has both feet on the ground.
- Trampolines of any kind are not permitted.
- No vaulting.
- All pyramids and/or mounts are limited to 2 persons high; the base must be in contact with the floor at time of mount.
- Routine: maximum of 2 minutes and 30 seconds. Routine must include Cheer and Dance combined. 10-point deduction from total score for routine exceeding three minutes.
- Each squad is responsible for its own safety.
- Pon-pons, signs, megaphones, flags and banners are the only props allowed to be used for the competition.
- Each organization must provide a labeled CD of music to be used. Only a coach or team mom may approach the sound area.
- Coaching from the sidelines is prohibited and may be cause for disqualification.
- **Judges decision is final.** Each judge will deduct up to 10 points for illegal stunts and rule violations.

Each organization must return an insurance waiver signed by parents of participants at registration.

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