

Guidelines for Teen Coaching

What is a Teen Coach?

- Volunteer to work with the cheerleaders of SVJFAC
- Ensures a safe and fun environment for all girls
- A positive role model for younger cheerleaders
- Follows the direction of the Coaches and Coordinators
- Works with peers to provide a positive team experience
- Passionate about teaching young girls to be great cheerleaders

Criteria for Teen Coach:

- 8th Grade and above
- School Cheerleaders/Dancers (given priority on team assignments)
- Committed to SVJFAC
- Good communication skills
- Displays good leadership
- Work with adults by giving ideas and takes instructions on changes to routines
- Must love Cheerleading!

Responsibilities of Teen Coach:

- Register at Football/Cheer Registration usually held in March
- Sign Teen Coach Contract and adhere to rules
- Create Hello and Victory Cheers prior to first day of practice
- Create half time routine (non-competitive teams) prior to first day of practice
- Competitive teen coaches must understand the routine; ready to tweak as needed
- Teach sideline cheers
- Create and teach new cheers
- Attend all practices, games and competitions
- Commitment of at least three months – August, September, October

Registration for Teen Coaching:

- Attend one of the three registrations usually held in March
- Sign up at the Cheer Registration desk
- Provide the names of all members of group
- Each member of the group is required to attend one of the registrations

Please note: The selection of teen coaches is at the discretion of the Coordinators. The Coordinators take into account current school cheerleader/dancer status, years of cheerleading experience for both coaching and participation, registration process and past coaching experience as communicated through parent feedback, coaches' input and surveys, to name a few.

The coordinators may ask groups to assist with tryouts and/or camps. Assisting with tryouts is not a guarantee as to team assignments.

Team assignments may not be set until after school cheerleading tryouts results are known.

The goal of the coordinators is to provide every cheerleader with the best experience. The Teen Coaches greatly impact this experience.